



# CAMELOT SPA

Your World Of Wellness



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## WELLNESS ASSESSMENTS

Enhance your wellness experience by enquiring about our complimentary Body Composition Analysis options.

## MASSAGE THERAPY

<b>Back, Neck and Shoulder Massage</b>	<b>30 min</b>	<b>R350</b>
	<b>45 min</b>	<b>R480</b>
	<b>60 min</b>	<b>R590</b>

This massage helps relieve the tension in the neck, shoulders, upper and lower back.

<b>Indian Head Massage</b>	<b>30 min</b>	<b>R350</b>
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results.

<b>Pressure Point Foot Massage</b>	<b>30 min</b>	<b>R350</b>
	<b>45 min</b>	<b>R480</b>

Relax and balance the body through stimulation of pressure points situated on the feet.

<b>Swedish Body Massage</b>	<b>60 min</b>	<b>R590</b>
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Provides a sense of well being, eases tense muscles and induces relaxation.

<b>Aromatherapy Massage</b>	<b>60 min</b>	<b>R650</b>
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Aromatherapy combines the use of pure natural essential oils with healing, soft therapeutic strokes.

<b>Deep Tissue Massage</b>	<b>60 min</b>	<b>R650</b>
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A deep pressure massage to relieve tension and detoxify.

<b>Hot Stone Massage</b>	<b>60 min</b>	<b>R650</b>
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This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

<b>Spa Taster</b>	<b>60 min</b>	<b>R650</b>
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30 mins Back, Neck and Shoulder Massage  
30 mins Thalgo Radiance Facial

<b>Camelot Universal Signature Massage</b>	<b>60 min</b>	<b>R680</b>
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A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa.

## ENHANCE YOUR MASSAGE WITH THE FOLLOWING ADDITIONS:

<b>Upgrade your 60min massage with an extra 30min</b>	<b>R250</b>
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<b>Add Hot Stones to your massage</b>	<b>R 80</b>
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<b>Add a Back Scrub</b>	<b>R 70</b>
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<b>Add Bellabaci Cups to your massage**</b>	<b>R 60</b>
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## SKIN CARE THERAPY

### CSPA AROMA WELLNESS

Based on Aromatherapy, CSpa Aroma Wellness provides multi-sensory, results-driven treatments tailored to your needs.

<b>CSpa Aroma Facial</b>	<b>30 min</b>	<b>R340</b>
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CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns. This facial excludes a massage.

<b>CSpa Hydrating, Rebalancing or Anti-Ageing Facial</b>	<b>60 min</b>	<b>R580</b>
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### THALGO SKIN CARE

<b>Thalgo Radiance Facial</b>	<b>30 min</b>	<b>R440</b>
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<b>Thalgo Invigorating Facial</b>	<b>60 min</b>	<b>R600</b>
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A revitalizing skin treatment for all skin types, designed to suit your skin's specific needs.

<b>Thalgo Deep Cleansing Facial</b>	<b>60 min</b>	<b>R600</b>
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<b>Purity ThalgoMen Facial</b>	<b>45 min</b>	<b>R600</b>
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Anti-Fatigue and energizing facial, specifically for men.

<b>Thalgo Ocea Men's Treatment</b>	<b>60 min</b>	<b>R820</b>
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A detoxifying, revitalizing skin treatment for male skins. Instantaneous, visible results in reducing fine lines and improving hydration levels.

<b>Thalgo Micronized Marine Algae Facial</b>	<b>60 min</b>	<b>R800</b>
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An intensive treatment for oily/combo skin. Deep cleansing and purifying. Promotes clearer skin, with a tighter skin surface and less visible pores.

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## Thalgo Source Marine Hydrating Facial

60 min R850

Suitable for any skin type, this facial featuring the Absolute Hydration range with marine ingredient Seve Marine, will combat signs of dehydration leaving the skin softer with improved skin texture.

## Thalgo Brightening Facial

60 min R1500

This treatment lightens the complexion and reduces pigmentation marks. The skin appears visibly younger.

## Thalgo Hyaluronic Filler Facial

60 min R1600

This unique zone to zone anti-ageing treatment uses Marine Hyaluronic acid molecules for a plumping, wrinkle-filling effect. These new generation patented extracts act in bio-affinity with the skin for controlled youthfulness and astounding results.

## Exceptional Ultime Facial\*\*

60 min R2100

A luxury facial treatment which smoothes wrinkles, re-defines facial contours, re-positions slackened volumes and diminishes appearance of dark spots. The face regains its initial firmness, density and tone.

## THALGO EYE EXPERT TREATMENTS

Anti-Dark Circles & Puffiness Collagen Treatment R250

Anti-Wrinkle Hyaluronic Eye Treatment R340

## MEDI SPA

### MCEUTIC BY THALGO

#### MCEutic Renovation Radicale Treatment\*\*

30 min R800  
60 min R1200

This innovative and results driven treatment, incorporating a peel, allows for Pure Marine Mésolift and Neo-Skin to penetrate the deepest layers of the skin with no down time. Designed to target the cause of imperfections and irregularities such as blemishes, scarring, enlarged pores, uneven skin tone and texture resulting in significantly improved skin quality and a clearer, more radiant complexion.

### DR GOBAC COSMECEUTICALS

#### Dr. Gobac Anti-Ageing Facial\*\*

60 min R650

This facial uses a synergistic combination of bio-identical lipids, mild surfactants, known-effect botanicals, elastin and biologically advanced ingredients. The result is an immediate and long term improvement in skin texture, elasticity and tone, smoothed lines and wrinkles and a more youthful appearance.

## SPA BEAUTY TREATMENTS

The finishing touches for a healthy, well groomed, brand new you.

Tint Lashes 25 min R120

Tint Brows 15 min R 90

Tint Lash & Brow 30 min R150

Spray Tan\*\* 30 min R350

## MANICURES & PEDICURES

MediHeel Add On 15 min R 95

Paraffin Wax 15 min R100

Revarnish 15min R180

On-The-Go Manicure 30 min R250

On-The-Go Pedicure 30 min R250

Deluxe Spa Manicure 60 min R350

Deluxe Spa Pedicure 60 min R380

Gel Polish Removal (When Applying New Set) 20 min R 80

Gel Polish Removal 30 min R120

Nailcare & Gel Polish 45 min R300

Gelish Manicure 60 min R400

Gelish Pedicure 60 min R450

On-The-Go Manicures/Pedicures include shaping of the nails, cuticle care, a hand/foot massage and varnishing of the nails. In addition to our basic manicure/pedicures, deluxe treatments include an exfoliation and nourishing paraffin wax application.

## SPA BODY TREATMENTS

Salt Glow 30 min R280

A mineral salt body exfoliation, which leaves the skin smooth and radiant.



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**Camelot Spa Personalised Journey**     **2hrs 30min R1150**  
**3hrs 30min R1600**

Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend two or three and a half hours pampering your every need.

30 mins:    Back, Neck and Shoulder Massage  
               Indian Head Massage  
               Pressure Point Foot Massage  
               Salt Glow Body Scrub  
               CSpa Hydrating Body Wrap  
               CSpa Detox Body Wrap  
               Floatation Therapy  
               Hydrobath  
               Rasul Self Application Treatment

60 mins:    Swedish Body Massage  
               Aromatherapy Body Massage  
               Thalgo Invigorating Facial  
               Spa Pedicure

Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.

**The Camelot Day Spa**                     **5 hrs**                     **R2800**

60 mins CSpa Hydrating or Detox Body Wrap  
 60 mins Camelot Universal Signature Massage  
 60 mins Spa Manicure  
 60 mins Spa Pedicure  
 60 mins Thalgo Invigorating Facial  
 Light Spa Lunch  
 Thalgo Amenity Pack

## CELEBRATIONS

**Camelot Spa-Ty (min. 4 people)**     **1hr 15min**     **R700pp**

30 mins Floatation Therapy or Pressure Point Foot Massage  
 15 mins Indian Head Massage  
 30 mins Back, Neck and Shoulder Massage  
 Spa Snacks

**Bride To Be**                                     **4 hrs**                     **R1800pp**

Gelish Manicure  
 Gelish Pedicure  
 60 mins Thalgo Source Marine Hydrating Facial  
 60 mins Camelot Universal Signature Massage

**Teen Spa-Ty**                                     **1hr 15min**     **R650pp**

15 mins Foot Massage  
 30 mins Back, Neck and Shoulder Massage or CSpa Facial  
 30 mins Revarnish Hands & Feet  
 Spa Snacks

## CANCELLATION POLICY

- 24 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

## SPA ESSENTIALS

- Treatments marked \*\* are not available at all Camelot Spas, please enquire upon booking.
- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
  - High blood pressure or heart conditions
  - Recent surgery Muscle or joint injuries
  - Allergy to iodine, or product allergies
  - Pregnancy, Epilepsy or Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Spa guests aged 16 years and under must be accompanied by an adult.
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- Camelot Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

## SPA WELLNESS MEMBERSHIPS

Join Camelot Wellness today. Invest in yourself, feel better and stay well. Contact any of our spas for membership options.

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AFRICA'S #1 SPA WELLNESS EXPERIENCE

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